

Thanksgiving Prayers after Recovery from Illness



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Thanksgiving Prayers after Recovery from Illness

Read Psalms 23 and 103 on page 821. Then continue with:

O great, mighty and awesome God: By Your great love I come before You to offer thanks for all the good You have bestowed on me. In my distress I called to You and You answered me; from my sick bed I cried to You, and You heard my voice and my pleas. You chastened me severely, Lord, but You did not hand me over to death. In Your love and compassion You lifted my soul from the grave. For Your anger is for a moment, Your favour for a lifetime. At night there may be weeping, but in the morning there is joy. The living, only the living, praise You as I do this day. My soul which You have redeemed shall tell of Your wonders to the children of men. Blessed are You, the faithful Healer of all flesh.

O God, compassionate and gracious, who grants favours to the undeserving: I am not worthy of all the kindness You have shown to me until now. Purify, please, my heart that I may be worthy to walk before You in the way of the upright. Extend Your help to Your servant. Grant me the strength and resolution to overcome my weakness, and bless me with physical health. Keep sorrow and grief far from me; protect me from all harm, and guide me with Your counsel. May the sun of righteousness shine for me, bringing healing in its wings. May the words of my mouth and the meditation of my heart find favour before You, O Lord, my Rock and my Redeemer. Amen.

תפלה לעומד מחליו

Read Psalms 23 and 103 on page 820. Then continue with:

אָנָּא הָאֵל הַגְּדוֹל הַגְּבוּר וְהַנּוֹרָא, בְּרַב חַסְדֶּךָ אָבוֹא לְפָנֶיךָ לְהוֹדוֹת לְךָ עַל כָּל הַטּוֹבוֹת אֲשֶׁר גָּמַלְתָּ עָלַי. מִן הַמִּצַּר קָרָאתִיךָ וַתַּעֲנֵנִי, מִמַּעַרְשׁ דְּוַי שׁוּעַתִּי אֵלֶיךָ, וַתִּשְׁמַע אֶת־קוֹלִי תַחֲנוּנֵי. יְסֹר יִסְרַתְּנִי יְהוָה, וְלִמּוֹת לֹא נִתַּתְּנִי. בְּאַהֲבַתְךָ וּבְחַמְלַתְךָ, הֶעֱלִיתָ מִן שְׂאוֹל נַפְשִׁי. כִּי רָגַע בְּאַפֶּךָ, חַיִּים בְּרִצּוֹנְךָ, בְּעָרֵב יַלְיִן בְּכִי וּלְבַקֵּר רָנָה. חַי חַי הוּא יוֹדֶךָ, כְּמוֹנֵי הַיּוֹם. וְנַפְשִׁי אֲשֶׁר פָּדִיתָ, תִּסְפָּר נִפְלְאוֹתֶיךָ לְבָנֵי אָדָם. בְּרוּךְ אַתָּה, רוֹפֵא נַאֲמָן לְכָל־בָּשָׂר.

אֵל רַחוּם וְחַנוּן, הַגּוֹמֵל לְחַיִּיבִים טוֹבוֹת, קִטְנֵתִי מִכָּל הַחַסְדִּים, אֲשֶׁר עָשִׂיתָ עִמָּדִי עַד הַנְּהָ. אָנָּא טַהַר לִבִּי, וְזַכְּנִי לְלֶכֶת בְּדַרְךָ יִשְׂרָיִם לְפָנֶיךָ, וּמִשׁוֹךְ עֲזָרְךָ לְעַבְדֶּךָ. חֲזַקְנִי וְאַמְצָנִי מִרְפוּיִן, וּבְחַלּוּץ עֲצָמוֹת תְּבָרְכֵנִי. הֲרַחֵק מֵעָלַי כָּל צָרָה וְתוֹגָה, שְׁמַרְנִי מִכָּל רָע, וּבַעֲצָתְךָ תִּנְחַנֵּנִי. וְזָרְחָה לִי תְמִיד שְׁמֵשׁ צְדָקָה, וּמִרְפָּה בְּכַנְפֶיהָ. יִהְיוּ לְרִצּוֹן אִמְרֵי־פִי וְהִגִּיוֹן לִבִּי לְפָנֶיךָ, יְהוָה צוּרִי וְגוֹאֲלִי. אָמֵן.