

## Pesach 5780-2020 / Covid 19: Product Guidelines “in-extremis”:

It is a longstanding *minhag* going back to the beginning of commercial food manufacture in the 15<sup>th</sup> Century that products for Pesach should be manufactured under special Passover supervision.

**The Guidelines below, allowing the use of some regular products, are intended specifically during this time of crisis, when regular supervised products are not available or if people are in isolation and unable to go shopping themselves or have Pesach products delivered to their home.**

**This list is not exclusive and may be added to over the coming days.**

**Guidelines for non-emergency situations can be found at [www.kosher.org.uk/passover](http://www.kosher.org.uk/passover)**

**KLBD Passover list is searchable at [www.passover.isitkosher.uk](http://www.passover.isitkosher.uk)**

**(Key: Y=Yes. Can be approved. N= No. To be avoided. Y/N = Check Note.)**

Products:	Status	Comment:	
Baking Powder	Y/N	Pure Sodium Bicarbonate would be fine but brands which have Cornflour or Maltodextrin added should be avoided	
Butter	Y/N	Pure Butter, Plain and Salted, can be allowed. Lactic Butter (which will list Lactic Culture in the Ingredients) should be avoided	
Cocoa Powder	Y	Pure 100% Cocoa Powder. NOT Drinking Chocolate	
Coffee Instant	Y	Nescafe Gold & Red Label Reg and Nescafe Decaf all certified KLBD-P	
Coffee Roasted	Y	Pre roasted Ground Coffee can be allowed. Decaffeinated should be avoided	
Desiccated Coconut	Y		
Dried Apple	Y	Pure Apple with Preservative Sulphur Dioxide can be allowed.	
Eggs	Y	Regular Hen eggs, both white and brown, are permitted. There is no concern regarding the ink-stamp. (Brown eggs have a higher incidence of bloodspots.)	
Frozen Fish	Y	Frozen fish, whole or filleted, is permitted, provided that no other ingredients have been added. It should be rinsed thoroughly before use	
Frozen Fruit	Y	Provided no ascorbic or citric acid is listed as an anti-oxidant (Those which are commonly infested still require checking)	
Frozen Veg	Y	Provided no ascorbic or citric acid is listed as an anti-oxidant (excluding of course peas, beans, corn or other items which are considered kitniyot)	
Fruit Juice Drinks	Y/N	Pure Fruit Juices without any added anti-oxidants listed on the ingredients, can be allowed. Apple juice often has Citric or Ascorbic Acid added which could be Kitniyot or possibly Chametz	
Hand Sanitisers	Y		
Honey	Y	Pure Honey from a reputable brand can be allowed	
Icing Sugar	Y/N	Silverspoon Icing Sugar with Tri Calcium Phosphate as anti-caking agent can be allowed. Other brands using Cornflour should preferably be avoided. NB Fondant or Royal Icing Sugar are not approved	
Jams	N	Often contains Glucose, Citric Acid, Sodium citrate which can be Chametz	
Kitniyos (Rice Peas Beans etc)	N	These pulses are forbidden for Ashkenazim. In an emergency situation, Rabbinic advice should be sought.	
Low Sodium Salt	Y	LoSalt Low sodium Salt is permitted	
Milk : (Regular non-supervised)	Y		
Nuts Ground	Y		
Nuts Whole	Y	Only raw or blanched, not roasted	
Oil: Coconut Oil	Y	<u>Extra Virgin</u> Coconut Oil can be allowed	

Oil: Olive Oil	Y	<b>Extra Virgin</b> Olive Oil can be allowed. Refined or Pomace Oils should be avoided	
Oil: Pure Sunflower Oil	Y	Ideally Supermarkets own brand pure Sunflower Oil. If any additives are listed on the Ingredients (EG Flora "With Vitamin E") the product should be avoided.	
Olives	N	Even plain pitted Olives in Brine generally use Lactic Acid (which could be Chametz) as an Acidity Regulator, as well as Preservatives Citric or Ascorbic Acid	
Pepper	Y	Both Black or white	
Pickled Cucumbers	N	Usually in Spirit Vinegar which could be of Chametz origin	
Potato Starch	Y		
Prunes	N	Dried Prunes generally use preservative Potassium Sorbate which can be of Chametz origin	
Quinoa	Y	It is questionable whether Quinoa is to be considered as Kitniyot. In case of need it can be allowed.	
Raisins	Y	Sun Maid raisins are approved. If they are not available other brands of plain Raisins with no additional ingredients other than Sunflower Oil would be permitted	
Raw (kosher) Meat without a KLP status	Y	Raw (kosher) meat (not pickled) and unprocessed raw Chicken can be permitted even without or without a KLP label. Mince Meat must have a KLP label	
Salt	Y	Saxa has been approved. Any other brand could be used if Saxa is not available including Sea Salt	
Soft Drinks / Cola	N	Soft Drinks typically contain Flavourings and anti-oxidants derived from Chametz. The Caramel in in Cola drinks is generally made from Glucose of wheat. (The Kosher l'Pesach colas utilise a specially manufactured KFP Caramel)	
Spices: Garlic, Onion, Ginger, Cinnamon	Y	This refers to pure spice powder or granules. Spice <b>Salts</b> such as Garlic Salt or Onion Salt should be avoided	
Sugar	Y	Currently certify Tate & Lyle Granulated Caster and Demarara, but Silver Spoon and other brands could also be used if T&L is not available	
Sweeteners:	Y/N	Hermesetas Mini is approved as well as Xylitol when pure or using only Silicon Dioxide as freeflow agent	
Tapioca starch	Y	Tapioca Starch from Doves Farm is KLBD certified. Other brands can be allowed as well	
Tea	Y	KLBD currently certify all Taylors of Harrogate Yorkshire tea. Other brands of regular Black Tea could also be allowed if necessary	
Tinned Potatoes	N	Often contains Ascorbic Acid	
Tinned Salmon	Y	Plain in oil, water or brine, without sauces or flavours	
Tinned Sardines	Y	Plain in oil water or brine, without sauces or flavours	
Tinned Tomatoes	N	Generally contains Citric acid	
Tinned Tuna	Y	Tinned Tuna in Sunflower Oil, Brine or Water can be allowed	
Tomato Puree	Y/N	100% Tomato can be allowed. Those containing Citric Acid should be avoided	
Toothpaste	Y	Regular toothpaste is permitted provided it does not contain sorbitol	
Washing up liquid	Y	Fairy Liquid is certified for Pesach but other brands can also be allowed. (Ecover limited edition which is derived from beer should be avoided)	
Water Bottled	Y	All still bottled water and naturally sparkling water is fine. Artificially carbonated water may be carbonated with CO2 from the brewing industry but many brands have been checked and approved. See <a href="http://passover.isitkosher.uk">passover.isitkosher.uk</a>	
Yoghurts	Y	Plain natural unflavoured Yoghurt only	