



Why do we Light Shabbat Candles?

Rabbi Michael Laitner firstly gives the simple explanation that there is a requirement on Shabbat to have light in the home. He then continues to describe what the Shabbat candles mean symbolically. Please note that Rabbi Laitner is now the Assistant Rabbi of Finchley Synagogue.

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CG Rabbi Title: [Rabbi Michael Laitner](#) [1]

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