



Shabbat Candle Lighting

Lighting Shabbat candles, traditionally the responsibility of Jewish women, is a way of signalling that Shabbat brings light into the home. That is the moment that we express love between the husband and wife, parents and children and the Shabbat light is the light of serenity that we hope will stay with us throughout Shabbat.

Please [click here](#) [1] to download a printable version of the blessing for lighting the Shabbat candles.

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Links

[1] <https://www.theus.org.uk/sites/default/files/Article/Candle%20Lighting%202.pdf>